

Sunday

Monday

Tuesday

Wednesday

Thursday

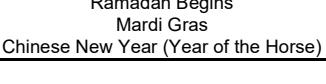
Friday

Saturday

Activities highlighted in red take place in the Media Room

February 2026

Heritage Manor East Day Room

<p>10:15-11:45 Activities on the Go & Friendly Room Visits 10:15 Corner TV Theater: Residents' Choice 2:30 Worship Service (AUD)</p> <p></p> <p>Tu B'Shevat Begins</p>	<p>12:00 Mindful Moments 2:15 Hymns of Praise (YT) 2:30 One-to-One with Rev. Dawn 3:00 Scotland 4K - Scenic Relaxation Film with Celtic Music with Shoulder and Hand Massages</p> <p></p>	<p>2 12:00 Mindful Moments 2:30 Communion (AUD) 6:45 Game Night with Josh</p> <p></p>	<p>3 12:00 Mindful Moments 2:15 Snoezelen Sensory Hour & Hand/Shoulder Massages 3:15 Top 10 Soup & Stew videos with Guy Fieri (YT) 3:45 Adorable children's recitals 6:45 Games & Trivia</p>	<p>4 12:00 Mindful Moments 2:15 Monarch Butterfly Migration 2:45 Amazing Chocolate Recipes with Preppy Kitchen 3:15 Sing Along with Susie Q 3:45 Best of The Bee Gees 6:45 Games & Trivia</p>	<p>5 12:00 Mindful Moments 2:15 Snoezelen Sensory Hour & Hand/Shoulder Massages with Aromatherapy 3:15 Adorable Babies & 1:1 chats 3:45 The best of The Temptations 4:30 Read it forward book club</p>	<p>6 10:30-10:45 Morning Stretches 11:00-12:00 IN2L Games 2-3:45 Day Room Program 3:15 Movie Matinee: "An Affair to Remember" (TV by day room)</p> <p></p>
<p>8 10:15-11:45 Activities on the Go & Friendly Room Visits 10:15 Corner TV Theater: Residents' Choice 2:30 Worship Service (AUD)</p> <p></p>	<p>9 12:00 Mindful Moments 2:30 Worship Service (AUD) 6:45 Game Night with Josh</p>	<p>10 12:00 Mindful Moments 2:15 Snoezelen Sensory Hour & Hand/Shoulder Massages 3:15 Pork Wellington Dinner at Julia's (YT) 3:45 Best of The Platters 6:45 Games & Trivia</p> <p></p>	<p>11 12:00 Mindful Moments 2:15 Snoezelen Sensory Hour & Hand/Shoulder Massages 3:15 Pork Wellington Dinner at Julia's (YT) 3:45 Best of The Platters 6:45 Games & Trivia</p>	<p>12 12:00 Mindful Moments 2:15 How It's Made: 1950s Television & TV show memories 2:45 Flowers in 4K 3:15 Love Song Sing-along for Seniors 3:45 Greatest Songs of The Rat Pack 6:45 Games & Trivia</p> <p></p>	<p>13 10:30-10:45 Disco Dancing 11:00-11:30 You Be the Judge 11:30-12 Valentine Coloring pages & Andre Bocelli 2-3:45 Day Room Program 3:15 Movie Matinee: "Love in the Afternoon" (TV by day rm)</p>	<p></p> <p>14 10:30-10:45 Disco Dancing 11:00-11:30 You Be the Judge 11:30-12 Valentine Coloring pages & Andre Bocelli 2-3:45 Day Room Program 3:15 Movie Matinee: "Love in the Afternoon" (TV by day rm)</p>
<p>15 10:15-11:45 Activities on the Go & Friendly Room Visits 10:15 Corner TV Theater: Residents' Choice 2:30 Worship Service (AUD)</p> <p></p>	<p>16 12:00 Mindful Moments 2:15 Piano Hymns (YT) 2:30 One-to-One with Rev. Dawn 3:00 Stunning Views of Mountains 4K with Shoulder and Hand Massages</p> <p></p>	<p>17 12:00 Mindful Moments 2:30 Worship Service (AUD) 4:00 Guitar with John (EGR) 6:45 Game Night with Josh</p> <p></p>	<p>18 12:00 Mindful Moments 2:15 Snoezelen Sensory Hour & Hand/Shoulder Massages 3:15 Top 5 Whale Scenes (YT) 3:45 Sammy Davis Jr Hits 6:45 Games & Trivia</p>	<p>19 12:00 Mindful Moments 2:15 Funniest Animals (YT) 2:45 Cutest babies! (YT) 3:15 Sing Along with Keeley May 3:45 Best of Buddy Holly 6:45 Games & Trivia</p>	<p>20 12:00 Mindful Moments 2:15 Snoezelen Sensory Hour & Hand/Shoulder Massages with Aromatherapy 3:15 Companion Pets & 1:1 chats 3:45 The best of Barry Manilow</p> <p></p>	<p>21 10:30-10:45 Morning Stretches 11:00-12:00 Baking with Krystal 2-3:45 Day Room Program 3:15 Movie Matinee: "Enchanted" (TV by day rm)</p>
<p>22 10:15-11:45 Activities on the Go & Friendly Room Visits 10:15 Corner TV Theater: Residents' Choice 2:30 Worship Service (AUD)</p> <p></p>	<p>23 12:00 Mindful Moments 2:15 Peaceful Instrumental Worship (YT) 2:30 One-to-One with Rev. Dawn 3:00 World's Biggest Flower Garden in 4K with Shoulder and Hand Massages</p>	<p>24 12:00 Mindful Moments 2:30 Worship Service (AUD) 6:45 Game Night with Josh</p> <p></p>	<p>25 12:00 Mindful Moments 2:15 Snoezelen Sensory Hour & Hand/Shoulder Massages 3:15 The Beatles-Rooftop Concert (YT) and 1:1 chats 6:45 Games & Trivia</p>	<p>26 12:00 Mindful Moments 2:30 Catholic Mass (AUD) 6:45 Games & Trivia</p> <p></p>	<p>27 12:00 Mindful Moments 2:30 Violin Performance with Tom Aalfs! (East Day Room)</p> <p></p>	<p>28 10:30-10:45 Sit & Stay Fit 11:00-11:30 What Year was it? 11:30-12 Name 3 Game 2-3:45 Day Room Program 3:15 Movie Matinee: "Casablanca" (TV by day room)</p>